

# “MOVING BEYOND FINANCIAL TURBULENCE”

## A FREE PUBLIC PRESENTATION AND DISCUSSION



While we cannot control what's going on in our turbulent economy, we can employ some basic, practical changes to not only survive but thrive through this transition.

During this discussion, we will present practical strategies and tactics to simplify your financial situation, reduce your anxiety surrounding debt, savings and cash flow.

Take this opportunity to not just survive but thrive in this and any economic climate. It's free and you deserve peace of mind!

**DATE:** Wednesday, October 14th, 2009

**TIME:** 7:00-9:00 P.M.

**LOCATION:** Mountain View Public Library  
585 Franklin Street  
Mountain View, CA

### About The Presenters:

#### **Kathryn Amenta** **Financial Advisor for Over 20 Years**

Kathryn previously held management positions at Charles P. Young and Merrill Corporation, and was an Investment Advisor for Merrill Lynch Pierce Fenner & Smith and Davis Skaggs & Company. She earned her psychology degree from Mills College, did graduate studies in business at the University of CA, and is a graduate of the Financial Recovery Institute.

Kathryn is an educator for Henry Ohlhoff Houses in San Francisco and Marin County, and has worked with the San Francisco Youth Credit Union. An author and public speaker, she has been a featured presenter for the National Assn. of Financial Planners, Resourceful Women, and Merrill Lynch's Women in Transformation seminars. She has appeared on KBZS-Business Radio.

Member:  
Financial Planning Association  
International Academy of Collaborative Professionals  
Collaborative Council of the Redwood Empire  
Collaborative Practice San Francisco.

#### **Denise Hughes, M.A.,** **Personal Finance Coach**

My approach is holistic, caring and outcomes driven. Clients have described my approach as that of "a velvet hammer." Honesty, compassion and integrity are my highest values.

I coach people all over the U.S. in person or over the telephone. In addition to a private practice, I frequently consult for the Wall Street Journal's Love & Money column and have my own monthly column on finances at [www.50fabulous.com](http://www.50fabulous.com), a website for boomer women!

Graduate degree in Counseling Psychology from Notre Dame de Namur University in Belmont, CA, a Certificate in Financial Counseling at the Financial Recovery Institute in San Rafael, CA, and a Certificate in Interactive Guided Imagery from the American Holistic Nurse's Association.